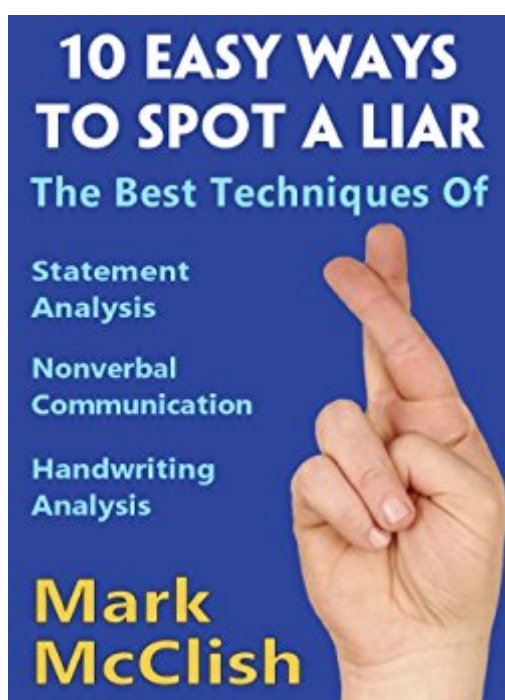


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# 10 Easy Ways To Spot A Liar: The Best Techniques Of Statement Analysis, Nonverbal Communication And Handwriting Analysis



## Synopsis

"10 Easy Ways To Spot A Liar" discusses the best techniques in detecting deception. These ten techniques are from Mark's book "Don't Be Deceived." It has been estimated that in a single day most people tell about 20 lies. Some of these lies may be trivial white lies told simply to be polite. However, some people lie in an effort to take advantage of you. Knowing how to spot a liar can help you avoid trouble. Without the aid of a machine, there are only three methods you can use to detect deception. You can analyze the words people use, read their body language, or examine their handwriting. "10 Easy Ways To Spot A Liar" highlights the best techniques from all three of these areas. These ten easy to learn techniques will greatly enhance your ability to spot a liar. For more techniques and an in depth look at detecting deception, consider reading "Don't Be Deceived."

## Book Information

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## Customer Reviews

This book was surprisingly good. It has plenty of examples from politicians to criminals how they try to get away with stuff. You see, it is much easier to avoid answering the question than it is to

straight out lie! (Q-"Did you have an affair with her?" A- "We are just friends!" See? Didn't answer the question!) I had to take one star off though because in the last chapter discussing the handwriting, one example how "you can catch the person to whom lying comes easy" would place me into that category. And I am a terrible liar. I actually feel bad when I try to hold information from someone even if it is something small like a surprise for Xmas. And in my school's play back at the day I found out I had been chosen as the worst actress in that play! I just can't fake it! So you have to use some common sense when you apply the knowledge. But it is still a very useful book. I will never look at our politicians the same way again! And that gives you power!

As a body language expert myself, doing body language analysis for various television networks, and magazines, and, having trained with the author of this book, Mark McClish, I would urge anyone considering this book to go ahead and get it. Well written, informative and to the point, I promise, you'll come away with something you can begin using the same day. Great job, Mark!

I found this book to be very straight forward with plenty of examples of analyzing statements from high profile people in the news, criminals and politicians. Examples include analyzing the words people use, grammar, penmanship and body language. I got a lot out of it and will refer to it again. A bonus is that the author has a web based application you can access to have statement analyzed in real time or you can hire him to analyze in-depth statements for you. Definitely worth reading and keeping.

The author reviews research and best practice literature across the disciplines of statement analysis, nonverbal communication, and handwriting analysis to identify techniques that can determine whether someone is lying. The focus is on techniques that can be used by a single person conducting an interview with no assistance or special equipment. Complex techniques, such as voice stress analysis, receive only passing attention. The ten techniques are: 1. Listen for the word 'never'--it is often part of a phony denial. 2. Pay attention to the pronouns--when 'I' is not used this shows a lack of commitment to the statement being made. 3. Examine people's "personal dictionary"--not times when they begin to use different terms for the same things. This may indicate a transition between the truthful and untruthful parts of a statement. 4. Observe when the person being questioned does not answer the question being asked but a related one instead. This may indicate deception. 5. Did the person being questioned answer a question with another question? This may also indicate deception. 6. Watch for fingers touching the mouth, a common "tell" for

lying.7. When a person looks to the right while answering, it may be an indication that they are fabricating an answer.8. Notice if the person being questioned crosses their arms or legs. This is another common "tell."9. Observe the form of the letter 'o' in the person's handwriting. Extra loops inside of the 'o' indicate a more secretive person.10. Watch for the "felon's claw" in the person's handwriting. This is a downward 'hook' that appears in the lower case g, y, and z. Also the capital letters A, G, H, and J. The book presents a brief and readable discussion of the essentials of the three areas of deception detection it addresses. The discussion of nonverbal cues is consistent with more in-depth treatments such as Phil Houston, Mike Floyd, and Susan Carnicero's *Spy the Lie* and Paul Ekman's *Telling Lies*. I am less familiar with statement analysis and handwriting analysis and so cannot comment on how these subjects are treated. The book would be improved if it pointed to research findings in all three of these disciplines.

I like the fact the author said you have to read the signs as words so as to make up the sentence. You should never analyze just one sign. It would be the same as trying to understand a sentence outside the context. So in order to find out whether somebody is lying, pay attention to their words and their body language. I like the statement analysis pointed out. Every person has one specific vocabulary and they use a word with a precise meaning, if they change it, you should pay attention. There is a big difference between never and no. I didn't know about that. Those are some of the great pieces of information I found in this book. I'm a writer, so I need this kind of information in order to describe the signs accurately in fiction, so it has impacted my writing. This is not only good in terms of learning to read people to find out whether they are lying, but also as a way to become more observant. *READ THE HIDDEN SECRETS OF BODY LANGUAGE* is a book I can compare it to.

Author Mark McClish is an author, teacher and analyst who's work is often quoted, and who's opinion has been used on television investigatory shows. He also runs an online course which is a must for every investigator, journalist, high school teacher, counselor, therapist, attorney, small business owner, parent of more than one child...well, you get the picture: anyone who needs to discern truth from falsehood. Here, McClish shows why Statement Analysis is so accurate, but now adds in body language analysis and handwriting. The book is full of short examples that highlight each principle, and is not only good for teaching, but is fascinating to read. An excellent book for all.

In my profession, knowing when people are not telling the truth is essential. So I hoped for a more

thoughtful discussion of some of the more common indications that a person is lying. This book was simplistic to a fault with questionable conclusions. The Kindle version also has a number of typos and missing words. I suggest looking elsewhere if this is a topic that interests you.

Really great read. Read it in about an hour, and got some really good information out of it. Highly recommend.

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